## Valley Girl Rumble

# Part 8 NOVICE Wrestling Tournament (NO CIF PLACERS & NO STATE PLACERS)



#### November 23, 2024

You are inviting your team to come and participate in our Annual Girls Wrestling Tournament. Come and see what your new girls have EARLY in the season on a level playing field. Get those first-time jitters out of the way. Why send them up against the best right away when they can have a chance of placing and getting more than 2 matches?

#### James Monroe High School

9229 Haskell Avenue North Hills, CA 91343

Entry Fee: \$350 per team (10-14 wrestlers) and \$35 for individuals. Champions will get a pullover.

Medals will be awarded for 1<sup>st</sup> place through 5<sup>th</sup>.

Team trophies will be given for 1<sup>st</sup> place through 3<sup>rd</sup>

Lower, Middle, and Upper MVW trophies, will be awarded.

#### Schedule

- All Participants must be pre-registered:
- Registration deadline: November 20th of 2024 (TRACKWRESTLING)
- Weigh-ins will be from 7:30 am to 8:30 am on 11/23/24 (in the small gym).
- Coaches meeting will take place in the same room at 9 am.
- Mats will be available for warm-ups at 8:30 am.
- Wrestling begins at approximately 10:00 am
- The concession stand will be open all day.

### Payment must be received by DAY OF TOURNAMENT- NO WALK UPS

Make Checks payable to: James Monroe High School 9229 Haskell Avenue North Hills CA 91343

If you have any questions please feel free to call (213) 453-4069 or email me at <u>jrami57@lausd.net</u>

