

Van Nuys High School Wrestling Presents

# QUEEN OF THE NORTH

“QUEEN OF THE NORTH”

NOVICE GIRLS

DECEMBER 21, 2024

Location:

VAN NUYS HS

6535 Cedros Ave. Van Nuys CA 91342

Cost:

\$250 per team (up to 12 wrestlers) plus \$20 per individual

CHECKS PAYABLE TO: VAN NUYS HS WRESTLING

CONTACT: RAMON TOVAR [rxt8090@lausd.net](mailto:rxt8090@lausd.net)

Format:

DOUBLE ELIMINATION FORMAT FOR “BIG BRACKETS”

ROUND ROBIN FOR LESS THAN 5 PERSON BRACKETS

(NO SEEDING ALL WEIGHTS WILL BE RANDOM DRAW)

“B & C” Novice WRESTLERS WELCOME

WEIGH-INS @ 7AM (1 pound allowance from scratch)

WRESTLING @ 9AM (4 mats, 1 gym)



## AWARDS:

**1ST PLACE: CROWN & medal 2ND PLACE: MEDAL 3RD PLACE: MEDAL**

In Los Angeles many have come to rule the North. Only one young maiden will reign over the North this winter. The winner of this tournament will be known as:

## QUEEN OF THE NORTH

The Queen of the North tournament is designed to help grow girls wrestling programs in the northern Los Angeles area. First and/or second year overall experience, no youth/freestyle/club experience TRUE NOVICE beginner level wrestling. Please NO CIF OR MASTERS Qualifiers, please. The Wrestling Tournament will be on Track wrestling. A Registration link will be sent out

# “GIRLS WRESTLING IS COMING”