



Please consider attending one of the following tournaments this upcoming season at Sonora High School. We have a few spots left for our lower level dual tournaments:

**Wednesday, Nov. 13, 2024 @ 3:00 PM (2 Spots Left)**

**Sonora JV 5-Way Duals (4 Duals Each)**

**Level: Junior Varsity**

**Cost: \$300 per team**

**Weigh-Ins: Home Weigh-Ins**

**Awards: Top 2 Team Trophies & Top 3 Individual Medals (based on record at weight)**

**Wednesday, Nov. 20, 2024 @ 3:00 PM (2 Spots Left)**

**Sonora F/S 5-Way Duals (4 Duals Each)**

**Level: Frosh/Soph**

**Cost: \$300 per team**

**Weigh-Ins: Home Weigh-Ins**

**Awards: Top 2 Team Trophies & Top 3 Individual Medals (based on record at weight)**

**Thursday, Jan. 2, 2025 @ 9:30 AM (Day before Boys TOC)**

**Lady's Tournament of Champions - 32 Girl DE Tournament (8 Mats on Track Wrestling)**

**Level: Varsity**

**Cost: \$450 per team**

**Weigh-Ins: 7:00 - 8:00 AM**

**Wrestling: 9:30 AM**

**Awards: Top 5 Team Trophies & Top 8 Individual Medals**

**One Day Tournament: Rd. 1 & 2 Losers Wrestle back for 7th, Qtrs & Semi Losers Wrestle back for 3rd - 5th**

**Saturday, Jan. 18, 2025 @ 9:30 AM**

**4th Annual Ralph Harris Boys & Girls Invitational - 16/24 Man DE Tournament (6-8 Mats)**

**Level: Varsity Boys & Girls**

**Cost: \$400 or \$700 if bringing both boys and girls**

**Weigh-Ins: 7:00 - 8:00 AM**

**Wrestling: 9:30 AM**

**Awards: Top 3 Team Trophies & Top 3 Individual Medals (Champions receive Luchador Ponchos)**



**Please Make Checks Payable to: Sonora Wrestling**

**401 S Palm St, La Habra, CA 90631**

**Questions: Coach Dave Carrizosa (714) 863-2071**

**Tournament Director: Jorge Carrizosa (714) 616-4553**

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