



**8th ANNUAL
GOLDEN VALLEY HIGH
SCHOOL
“QUEEN OF THE VALLEY”
WRESTLING
INVITATIONAL**

WHEN: December 9th 2023

**WHERE: Golden Valley High School 801 Hosking Ave
Bakersfield, CA 93307**

**ENTRY FEE: \$300/14 entrants, \$20 each after 14
\$25 each individual wrestler**

DIVISIONS: Girls CIF weights

Roster/Weigh-In Log-in Info will be e-mailed week of tournament

TIME: Saturday: 7:00 am weigh-ins, wrestling at 9:00am

SCHOOL _____

AD _____ **PHONE** _____

COACH _____ **PHONE** _____

COACH E-MAIL _____

_____ **Yes, we are interested in participating.**

_____ **No, we cannot attend this year.**



Golden Valley High School
Queen Of The Valley Invitational Wrestling Tournament

Date: December 9th 2023

Fee: \$300 for the first 14 entrants, \$20 for each wrestler after 14. \$25 each individual wrestler.
Payment must be presented the day of the tournament.

Divisions: Girls CIF weights

Format: We will be running 2 separate tournaments simultaneously. One for JV and one for Varsity. Bring all of your girls to wrestle! Varsity will be a bracket of 16 and JV will bracket based on numbers of entries.

Awards: Varsity: 1st – 3rd place custom Bulldog medals. 1st place will also receive a custom trophy, a tournament “champion” shirt.
JV: 1st – 3rd place custom Bulldog medals.

Weigh-ins: 7:00 am weigh-ins, wrestling at 9:00am

Groom check: At the scales during weigh-ins.

Meeting: 8:45am there will be a coach’s meeting in the wrestling room.

1. Coaches need to enter all their wrestlers on Trackwrestling.com NO LATER THAN 6 PM ON NOVEMBER 30TH.
2. Log-in information and detailed instructions will be emailed to head coaches the week of the tournament. Please double check all information including: division, weight class, and correct spelling of names.
3. Weigh-ins will be held on Saturday, December 9th beginning at 7am by team. Your entire team must be there and weigh in as a team. Wrestlers that show up after their team has weighed in will not be allowed to weigh in. JV Wrestlers failing to make weight will only be placed if there is space available at the next weight class. Varsity Wrestlers failing to make weight will only be placed if their team has an open spot in the next weight class. As this is an early season tournament, please place your wrestlers in weight classes that are reasonable.
4. All wrestlers are required to have completed the weight management program. Any wrestler who has not completed the assessment process is ineligible for competition.
5. Concessions will be available all day.
6. Championship rounds will be 3, two minute periods. Consolation rounds will be 1,2,2.
7. Tickets are \$5.00 for adults and \$3.00 for students and children over 5.
8. A maximum of three coaches will be allowed in free – all others will have to pay. This will include a home cooked coaches lunch.
9. Custom Bulldog medals for 1st, 2nd and 3rd place in each division.
10. Tournament shirts will be available for limited purchase.

Contact: Juan David Gamino, Wrestling Coach

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